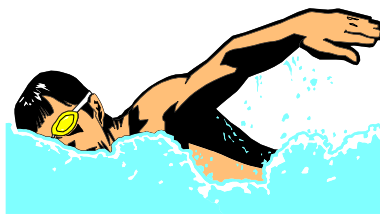


Coomes Recreation Center
Melisha Wynne - Aquatic Coordinator
300 Stanley Street
Abingdon, VA 24210
(276) 623 - 5279
mwynne@abingdon.com



Aquatic Department

Aquatic Certification Classes - 2010

{Age limit 15 years old for all Lifeguard Training Classes}

Lifeguard Training – Class 1

Class 1 February 23 thru March 6, 2010 Tuesday, Thursday and Saturday

Limit 10

Tuesday, Thursday 5:00 pm to 9:00 pm, Saturday 9:00 am to 3:00 pm

Cost \$100.00 including Lifeguard Training, CPR for Pro Rescuer, Automated External Defibrillation, First Aid, Preventing Disease Transmission, Introduction to Oxygen Administration, all books and materials

Lifeguard Training – Class 2

Class 2 March 16 thru March 27, 2010 Tuesday, Thursday and Saturday

Limit 10

Tuesday, Thursday 5:00 pm to 9:00 pm, Saturday 9:00 am to 3:00 pm

Cost \$100.00 including Lifeguard Training, CPR for Pro Rescuer, Automated External Defibrillation, First Aid, Preventing Disease Transmission, Introduction to Oxygen Administration, all books and materials

Lifeguard Training – Class 3

Class 3 April 6 thru April 17, 2010 Tuesday, Thursday and Saturday

Limit 10

Tuesday, Thursday 5:00 pm to 9:00 pm, Saturday 9:00 am to 3:00 pm

Cost \$100.00 including Lifeguard Training, CPR for Pro Rescuer, Automated External Defibrillation, First Aid, Preventing Disease Transmission, Introduction to Oxygen Administration, all books and materials

Lifeguard Training – Class 4

Class 4 April 27 thru May 8, 2010 Tuesday, Thursday and Saturday

Limit 10

Tuesday, Thursday 5:00 pm to 9:00 pm, Saturday 9:00 am to 3:00 pm

Cost \$100.00 including Lifeguard Training, CPR for Pro Rescuer, Automated External Defibrillation, First Aid, Preventing Disease Transmission, Introduction to Oxygen Administration, all books and materials

Sign ups begin December 21, 2009 for all classes listed above. Spots not held without payment.
